~AMMAH (113) (Am'mah) [possibly, Cubit]

- A hill in front of Giah on the way to the wilderness of Gibeon. Here Abner, Saul's former chief of the army and now fighting for Saul's son and heir, Ish-bosheth, made his last stand against the pursuing forces of Joab and Abishai, after they had defeated Abner in the battle at the Pool of Gibeon. At this hill Abner persuaded Joab to stop pursuing him, and the battle ended.
- In time Abner the son of Ner and the servants of Ish-bosheth, Saul's son, went out from Mahanaim to Gibeon. (2 Samuel 2:12)
- As for Joab the son of Zeruiah and the servants of David, they went out and later met together by the pool of Gibeon, and they kept sitting, these on this side of the pool and those on that side of the pool. (2 Samuel 2:13)
- Finally Abner said to Joab; Let the young men rise up, please, and let them put on a combat before us. To this Joab said; Let them rise up. (2 Samuel 2:14)
- So they rose up and went across by number, twelve belonging to Benjamin and Ish-bosheth, Saul's son, and twelve from the servants of David. (2 Samuel 2:15)
- And they began grabbing hold of one another by the head, with the sword of each one in the side of the other, so that they fell down together. And that place came to be called Helkathhazzurim, which is in Gibeon. (2 Samuel 2:16)
- And the fighting came to be extremely hard on that day, and Abner and the men of Israel were finally defeated before the servants of David. (2 Samuel 2:17)
- Now the three sons of Zeruiah happened to be there, Joab and Abishai and Asahel, and Asahel was swift on his feet, like one of the gazelles that are in the open field. (2 Samuel 2:18)
- And Asahel went chasing after Abner, and he did not incline to go to the right or to the left from following Abner. (2 Samuel 2:19)

- At length Abner looked behind him and said; Is this you, Asahel? to which he said; It is I. (2 Samuel 2:20)
- Then Abner said to him; Veer to your right or to your left and seize one of the young men as yours and take what you strip off him as yours. And Asahel did not want to turn aside from following him. (2 Samuel 2:21)
- So Abner said to Asahel yet again; Turn your course aside from following me. Why should I strike you down to the earth? How, then, could I raise my face to Joab your brother? (2 Samuel 2:22)
- But he kept refusing to turn aside, and Abner got to strike him in the abdomen with the butt end of the spear, so that the spear came out from his back, and he fell there and died where he was. And it came about that all those who came to the place where Asahel fell and then died would stand still. (2 Samuel 2:23)
- And Joab and Abishai went chasing after Abner. As the sun was setting they themselves came to the hill of Ammah, which is in front of Giah on the way to the wilderness of Gibeon. (2 Samuel 2:24)
- And the sons of Benjamin went collecting together behind Abner, and they came to be one company and kept standing upon the top of one hill. (2 Samuel 2:25)
- And Abner began to call to Joab and say; Is the sword going to eat endlessly? Do you not really know that bitterness is what will develop at last? How long, then, will it be before you say to the people to turn back from following their brothers? (2 Samuel 2:26)
- At that Joab said, As the true God is living, if you had not spoken, then only by the morning would the people have been withdrawn, each one from following his brother. (2 Samuel 2:27)
- Joab now blew the horn, and all the people came to a halt and did not continue chasing after Israel anymore, and they did not renew the fighting anymore. (2 Samuel 2:28)
- As for Abner and his men, they marched through the Arabah all that night and went crossing the Jordan and marching through the entire gully and finally came to Mahanaim. (2 Samuel 2:29)

- As for Joab, he turned back from following Abner and began to collect all the people together. And there were missing from the servants of David nineteen men and Asahel. (2 Samuel 2:30)
- And the servants of David, for their part, had struck down those of Benjamin and of the men of Abner, there were three hundred and sixty men that died. (2 Samuel 2:31)
- And they proceeded to carry Asahel and bury him in the burial place of his father, which is at Bethlehem. Then Joab and his men went marching on all night long, and it became daylight for them at Hebron. (2 Samuel 2:32)
- While Ammah probably lay to the East of Gibeon, it is not currently known exactly which of the hills of this region bore this name