

~FOREGO (13)

[English, give up, pass by, do without, miss out on, sacrifice]

- **Nehemiah advised the people to **forego** the seventh year and the debt of every hand.**
- **As for the peoples of the land who were bringing in wares and every kind of cereal on the Sabbath day to sell, we should take nothing from them on the Sabbath or on a holy day, and we should **forego** the seventh year and the debt of every hand. (Nehemiah 10:31)**