

~HEEL (123)

- The back part of the foot below the ankle. This part of the human body was often referred to in a figurative way in the Bible. To hold or injure ones heel would retard, or hinder, him. Jacob grabbed the heel of his twin brother Esau as they came out of their mother's womb.
- And after that his brother came out and his hand was holding onto the **heel** of Esau, so he called his name Jacob. And Isaac was sixty years old at her giving them birth. ([Genesis 25:26](#))
- For this he was named Jacob, meaning One Seizing the **Heel**, Supplanter, which had prophetic meaning.
- At this he said; Is that not why his name is called Jacob, in that he should supplant me these two times? My birthright he has already taken, and here at this time he has taken my blessing! Then he added; Have you not reserved a blessing for me? ([Genesis 27:36](#))
- And Yehowah has a legal case with Judah, even to hold an accounting against Jacob according to his ways, according to his dealings he will repay him. ([Hosea 12:2](#))
- In the belly he seized his brother by the **heel**, and with his dynamic energy he contended with God. ([Hosea 12:3](#))
- The family head Jacob, in blessing his fifth son Dan, foretold, favorably for Dan, that he would be like a serpent that lies in wait by the roadside and bites the **heels** of the horse, throwing off its rider.
- Let Dan prove to be a serpent by the roadside, a horned snake at the wayside, that bites the **heels** of the horse so that its rider falls backward. ([Genesis 49:17](#))
- The tribe of Dan was at the **heel** of things as the rear guard of Israel during their wilderness journey, inflicting damage on Israel's enemies.
- And the three-tribe division of the camp of the sons of Dan pulled away as forming the rear guard for all the camps in their armies,

and Ahiezer the son of Ammishaddai was over its army.
(Numbers 10:25)

See Also VIPER, HORNED

- Unfaithful Jerusalem was likened in prophecy to a disreputable woman, to be punished by having her **heels** treated violently, that is, to be forced to walk over rough terrain, painful to her heels, this occurred when Jerusalem was taken into exile to Babylon in 607 B.C.E.
- And when you will say in your heart, Why is it that these things have befallen me? Because of the abundance of your error your skirts have been taken off as a cover, your **heels** have been treated violently. (Jeremiah 13:22)
- King David spoke figuratively of his traitorous companion Ahithophel, saying; He has magnified his **heel** against me.
- Also the man at peace with me, in whom I trusted, who was eating my bread, has magnified his **heel** against me. (Psalms 41:9)
- This had a prophetic fulfillment in Judas Iscariot, to whom Jesus applied the text, saying; He that used to feed on my bread has lifted up his **heel** against me.
- I am not talking about all of you. I know the ones I have chosen. But it is in order, that the Scripture might be fulfilled, He that used to feed on my bread has lifted up his **heel** against me. (John 13:18)
- Thus the expression indicates a treacherous action, one threatening harm to the person against whom the **heel** is magnified or lifted up.
- The first recorded prophecy, at;
- And I shall put enmity between you and the woman and between your seed and her seed. He will bruise you in the head and you will bruise him in the **heel**. (Genesis 3:15)
- Foretold that the serpent would bruise the seed of the woman in the **heel**. Though painful, a **heel** bruise is not permanently disabling. Jesus, the seed.

- **Now the promises were spoken to Abraham and to his seed. It says, not; And to seeds. As in the case of many such, but as in the case of one; And to your seed. Who is Christ. (Galatians 3:16)**
- **Was put to death by the earthly agents of the great Serpent, Satan the Devil.**
- **So down the great dragon was hurled, the original serpent, the one called Devil and Satan, who is misleading the entire inhabited earth. He was hurled down to the earth, and his angels were hurled down with him. (Revelation 12:9)**
- **But on the third day was recovered from this heel bruise when his Father Yehowah resurrected him.**
- **Men of Israel, hear these words. Jesus the Nazarene, a man publicly shown by God to you through powerful works and portents and signs that God did through him in your midst, just as you yourselves know. (Acts of Apostles 2:22)**
- **This man, as one delivered up by the determined counsel and foreknowledge of God, you fastened to a stake by the hand of lawless men and did away with. (Acts of Apostles 2:23)**
- **But God resurrected him by loosing the pangs of death, because it was not possible for him to continue to be held fast by it. (Acts of Apostles 2:24)**
- **God raised this One up on the third day and granted him to become manifest. (Acts of Apostles 10:40)**