~HELAH (16) (He'lah)

- One of Asshur's two wives. Three of her sons are listed in the genealogies of Judah.
- The sons of Judah were Perez, Hezron and Carmi and Hur and Shobal. (1 Chronicles 4:1)
- And Ashhur the father of Tekoa came to have two wives, Helah and Naarah. (1 Chronicles 4:5)
- And the sons of Helah were Zereth, Izhar and Ethnan. (1 Chronicles 4:7)