

~HELEZ 1 (35)
(He'lez) [He Has Rescued]

- **One of David's mighty men, a Paltite or Pelonite.**
- **These are the names of the mighty men that belonged to David; Josheb-basshebeth a Tahchemonite, the head of the three. He was brandishing his spear over eight hundred slain at one time. (2 Samuel 23:8)**
- **Helez the Paltite, Ira the son of Ikkesh the Tekoite. (2 Samuel 23:26)**
- **As for the mighty men of the military forces, there were Asahel the brother of Joab, Elhanan the son of Dodo of Bethlehem. (1 Chronicles 11:26)**
- **Shammoth the Harorite, Helez the Pelonite. (1 Chronicles 11:27)**
- **When David organized the monthly service groups, Helez was given charge of the seventh division.**
- **As for the sons of Israel by their number, the heads of the paternal houses and the chiefs of the thousands and of the hundreds and their officers that were ministering to the king in every matter of the divisions of those that came in and that went out month by month for all the months of the year, each division was twenty-four thousand. (1 Chronicles 27:1)**
- **The seventh for the seventh month was Helez the Pelonite of the sons of Ephraim, and in his division there were twenty-four thousand. (1 Chronicles 27:10)**