

**~IMNA (16)**

**(Im'na) [God Has Held Back, Withheld]**

- **Son of Helem, a valiant, mighty man and head of a paternal house of the tribe of Asher.**
- **And the sons of Helem his brother were Zophah and Imna and Shelesh and Amal. (1 Chronicles 7:35)**
- **All these were the sons of Asher, heads of the house of the forefathers, select, valiant, mighty men, heads of the chieftains, and their genealogical enrollment was in the army in the war. Their number was twenty-six thousand men. (1 Chronicles 7:40)**