

~ISHBI-BENOB (29)
(Ish'bi-be'nob)

- One of four Rephaim, the giant race of Canaanites, who were prominent during the last wars with Israel in David's reign. **Ishbi-benob** carried a copper spear weighing 300 shekels (3.4 kilograms)(7.5 pounds) and was on the verge of killing David when fast-acting Abishai himself put the giant to death.
- And the Philistines came to have war again with Israel. Accordingly David and his servants with him went down and fought the Philistines, and David grew tired. (**2 Samuel 21:15**)
- And **Ishbi-benob**, who was among those born of the Rephaim, the weight of whose spear was three hundred shekels of copper and who was girded with a new sword, got to think of striking David down. (**2 Samuel 21:16**)
- At once Abishai the son of Zeruiah came to his help and struck the Philistine down and put him to death. At that time the men of David swore to him, saying; You must not go out with us to the battle anymore, that you may not extinguish the lamp of Israel! (**2 Samuel 21:17**)
- These four had been born to the Rephaim in Gath, and they came to fall by the hand of David and by the hand of his servants. (**2 Samuel 21:22**)