

Lamentations 3:16

And with gravel he makes my teeth get broken. He has made me cower in the ashes.

[3] - References:

- **Bread gained by falsehood is pleasurable to a man, but afterward his mouth will be filled with gravel. (Proverbs 20:17)**
- **For I have eaten ashes themselves just like bread, and the things I drink I have mingled even with weeping. (Psalms 102:9)**
- **O daughter of my people, gird on sackcloth and wallow in the ashes. Make your mourning that for an only son, the wailing of bitterness, because suddenly the despoiler will come upon us. (Jeremiah 6:26)**