

**Ecclesiastes 7:3** **Better is vexation than laughter, for by the crossness of the face the heart becomes better.**

[6] - References:

- **It is good for me that I have been afflicted, in order that I may learn your regulations. (Psalms 119:71)**
- **Happy are YOU who hunger now, because YOU will be filled. Happy are YOU who weep now, because YOU will laugh. (Luke 6:21)**
- **And not only that, but let us exult while in tribulations, since we know that tribulation produces endurance. (Romans 5:3)**
- **For though the tribulation is momentary and light, it works out for us a glory that is of more and more surpassing weight and is everlasting. (2 Corinthians 4:17)**
- **For sadness in a godly way makes for repentance to salvation that is not to be regretted, but the sadness of the world produces death. (2 Corinthians 7:10)**
- **True, no discipline seems for the present to be joyous, but grievous, yet afterward to those who have been trained by it, it yields peaceable fruit, namely, righteousness. (Hebrews 12:11)**