Jeremiah 17:21... This is what Yehowah has said; Watch out for your souls, and do not carry on the Sabbath day any load that you must bring in through the gates of Jerusalem.

Footnote: For your souls Hebrew, benaph·shoh·theh·khem', plural of ne'phesh; Greek, psy·khas'; Latin, a'ni·mas See Appendix 4A

[7] - References:

- Only watch out for yourself and take good care of your soul, that you may not forget the things that your eyes have seen and that they may not depart from your heart all the days of your life, and you must make them known to your sons and to your grandsons. (Deuteronomy 4:9)
- While the sons of Israel were continuing in the wilderness, they once found a man collecting pieces of wood on the Sabbath day. (Numbers 15:32)
- And it came about that, as soon as the gates of Jerusalem had grown shadowy before the Sabbath, I immediately said the word and the doors began to be closed. I said further that they should not open them until after the Sabbath, and some of my own attendants I stationed at the gates that no burden might come in on the Sabbath day. (Nehemiah 13:19)
- In those days I saw in Judah people treading winepresses on the Sabbath and bringing in grain heaps and loading them upon asses, and also wine, grapes and figs and every sort of burden, and bringing them into Jerusalem on the Sabbath day, and I proceeded to bear witness against them on the day of their selling provisions. (Nehemiah 13:15)
- If in view of the Sabbath you will turn back your foot as regards doing your own delights on my holy day, and will actually call the Sabbath an exquisite delight, a holy day of Yehowah, one being glorified, and will actually glorify it rather than doing your own ways, rather than finding what delights you and speaking a word. (Isaiah 58:13)
- And it must occur that, if you strictly obey me, is the utterance of Yehowah, to bring in no load through the gates of this city on the Sabbath day and to sanctify the Sabbath day by not doing on it any work. (Jeremiah 17:24)

Therefore the Jews began to say to the cured man; It is Sabbath, and it is not lawful for you to carry the cot. (John 5:10)