Ephesians 4:9~ Now the expression he ascended, what does it mean, but that he also descended into the lower regions, that is, the earth?

1 Paul now reasons, that Christ could not ascend until after he had descended, and so even though the Scripture does not mention his descent to earth, he had to come to earth before he could ever be raised up again to heaven.

[Question] What does Paul now reason out?

2. Moreover, no man has ascended into heaven, but he that descended from heaven, the Son of man. (John 3:13)

[Question] What man alone has ascended into heaven?

3. He saw beforehand and spoke concerning the resurrection of the Christ, that neither was he forsaken in Hades, nor did his flesh see corruption. (Acts of Apostles 2:31)

[Question] What was spoken about the course of the Christ in the Hebrew scriptures?

4. For just as Jonah was in the belly of the huge fish three days and three nights, so the Son of man will be in the heart of the earth three days and three nights. (Matthew 12:40)

[Question] How did Jesus Christ himself compare his death, to the course of Jonah the prophet?

5. My bones were not hidden from you, when I was made in secret, when I was woven in the lowest parts of the earth. (Psalms 139:15)

[Question] What was known intimately about the Christ, before he came to the earth by Yehowah God his father?

6' Who has ascended to heaven, that he may descend? Who has gathered the wind in the hollow of both hands? Who has wrapped up the waters in a mantle? Who has made all the ends of the earth to rise? What is his name and what the name of his son, in case you know? (Proverbs 30:4)

[Question] Who has done glorious things in the creation, and who is his son?