

Ephesians 6:14~ Stand firm, therefore, with your loins girded about with truth, and having on the breastplate of righteousness.

1· Paul therefore counsels Christians to stand firm and to fight. But how can they accomplish this defense of themselves and reach their goal of victory against the desires of the fallen flesh?

[Question] What therefore does Paul counsel anointed Christians?

2· First they must let their loins be girded with truth. The loins are the strongest muscles in the body, and as such represent our ability to stand firm. If an opponent could seriously cut us there, then we would fall, and become easy prey. Thus we must adhere to the truth in all things, for it will keep us strong, and keep us from falling.

[Question] What should an anointed Christian's loins be girded with, and how should we understand this?

[Question] What then, will the truth keep us from doing in the battle?

3· Then we must have the breastplate of righteousness. The breastplate covers the chest and especially the heart. If our heart is pierced, then the fight is over. So therefore we must guard our heart, by doing righteousness always.

[Question] What next do we need in this fight of faith?

[Question] What does the breastplate protect, and what must we always guard closely?

4· Immediately David said to his men; Gird on every one his sword! So they girded on every one his sword and David also girded on his own sword, and they began to go up after David, about four hundred men, while two hundred sat by the baggage. (1 Samuel 25:13)

[Question] What did David and his men, gird on for warfare?

5· And righteousness must prove to be the belt of his hips, and faithfulness the belt of his loins. (Isaiah 11:5)

[Question] What is described as the belt of his hips, and the belt of his loins?

6· For the fruitage of the light consists of every sort of

goodness and **righteousness** and **truth**. (**Ephesians 5:9**)

[Question] What does the fruitage of the light consist of?

- 7· More than all else that is to be guarded, safeguard your heart, for out of it are the sources of life. (**Proverbs 4:23**)

[Question] What is the most important thing in the body to protect, both physically and spiritually?

- 8· Then he put on **righteousness** as a coat of mail, and the helmet of salvation upon his head. Furthermore, he put on the garments of vengeance as raiment and enwrapped himself with zeal as if a sleeveless coat. (**Isaiah 59:17**)

[Question] What did Yehowah wear in his ride, as a coat of mail, flexible armor over the chest?

[Question] What did he wear as a helmet?

[Question] What did his garments represent spiritually?

[Question] What was his sleeveless coat representative of?

- 9· And in this way you should eat it, with your hips **girded**, sandals on your feet and your staff in your hand, and you must eat it in haste. It is Yehowah's Passover. (**Exodus 12:11**)

[Question] How were the Israelite men to prepare for their departure as an army from Egypt?

- 10· With **righteousness** I clothed myself, and it was clothing me. My justice was like a sleeveless coat, and a turban. (**Job 29:14**)

[Question] What did Job clothe himself with, and what did he wear as a sleeveless coat?

- 11· The words of the wise ones are like oxgoads, and just like nails driven in are those indulging in collections of sentences, they have been given from one shepherd. (**Ecclesiastes 12:11**)

[Question] Where do the words of all wise ones, emanate from?

- 12· Let your **loins** be **girded** and your lamps be burning. (**Luke 12:35**)

[Question] What should be the condition of the loins of anointed Christians, showing their being ever ready, for what fine warfare?

[Question] What does the burning lamp show, about the light they shed upon others always?

- 13· But as for us who belong to the day, let us keep our senses and have on the **breastplate** of faith and love and as a helmet the hope of salvation. (**1 Thessalonians 5:8**)

[Question] What armor should anointed Christians always carry?

- 14· And they had **breastplates** like iron **breastplates**. And the sound of their wings was as the sound of chariots of many horses running into battle. (**Revelation 9:9**)

[Question] What does the locusts in the vision of Revelation wear, denoting what their hearts are firm for?

- 15· Therefore Pilate said to him; Well, then, are you a king? Jesus answered; You yourself are saying that I am a king. For this I have been born, and for this I have come into the world, **that I should bear witness to the truth. Everyone that is on the side of the truth listens to my voice.** (**John 18:37**)

[Question] What did Jesus Christ say, was the primary purpose of his coming to the earth?

- 16· And you **will know the truth**, and the truth will set you free. (**John 8:32**)

[Question] What will anointed Christians know, and how will it affect them?

- 17· **Sanctify them by means of the truth. Your word is truth.** (**John 17:17**)

[Question] What sanctifies anointed Christians, and where can that truth be found?