

**UPBUILD - TALK - LET A ROTTEN SAYING NOT EXIT YOUR MOUTH**

~ **Paul ... Teaching ... Upbuilding Talk** - Let a rotten saying not come from your mouth, but if you can upbuild others as their need may be speak thus as to impart what is favorable to the hearers of your word· **(Ephesians 4:29)** [\[11\] - References](#)

**Ephesians 4:29**· Let a rotten saying not proceed out of **YOUR** mouth, but whatever saying is good for building up as the need may be, that it may impart what is favorable to the hearers.

[\[11\] - References](#)

- Not **what** enters into his **mouth** defiles a man, but it is **what proceeds out** of his **mouth** that defiles a man. **(Matthew 15:11)**
- Out of the same **mouth** come forth blessing and cursing. It is not proper, my brothers, for these things to go on occurring this way. **(James 3:10)**
- Let **YOUR** utterance be always with graciousness, seasoned with salt, so as to know how **YOU** ought to give an answer to each one. **(Colossians 4:6)**
- The **mouth** of the righteous is the one that utters wisdom in an undertone, and his is the tongue that speaks justly. **(Psalms 37:30)**
- O Yehowah, do deliver my soul from false lips, from the tricky tongue. **(Psalms 120:2)**
- A man has rejoicing in the answer of his **mouth**, and a word at its right time is O how **good!** **(Proverbs 15:23)**
- Death and life are in the power of the tongue, and he that is loving it will eat its fruitage. **(Proverbs 18:21)**
- There exists gold, also an abundance of corals, but the lips of knowledge are precious vessels. **(Proverbs 20:15)**
- The words of the **mouth** of the wise one mean favor, but the lips of the stupid one swallow him up. **(Ecclesiastes 10:12)**

- Salt is fine, but if ever the salt loses its strength, with **what** will **you** season it itself? Have salt in yourselves, and keep peace between one another. (**Mark 9:50**)
- And they all began to give **favorable** witness about him and to marvel at the winsome words proceeding **out** of his **mouth**, and they were **saying**; This is a son of Joseph, is it not? (**Luke 4:22**)